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Holly's Office Hours Have Changed:

Mon, Wed and Thurs 12:30pm – 3:30pm When I look over Paul's 13 epistles, his letter to the various churches he was deeply involved with through the gospel, he would always close with greetings to the people and often with an exhortation to them and /or a benediction.

In Romans 16: 25-27 he gave a beautiful benediction affirming the gospel and the preaching of Jesus Christ along with how it was made known by the prophets.

In 2 Corinthians 13:11 he exhorts them to "Aim for perfection...be of one mind, live in peace: and the promise that "The God of love and peace will be with you'. In Galatians, Ephesians, Philippians, and Colossians he speaks of the grace of Jesus Christ to be with them.

Fair Thoughts -

OUR CLOSING GREETINGS

To the Thessalonians he exhorted them to be "joyful always, pray continually, give thanks in all circumstances for this is God's will for you in Christ Jesus. Do not put out the Spirit's fire...". His benediction was that the God of peace sanctify them, make them holy, through and through and that their whole spirit, soul and body be kept blameless at the coming of Christ.

To Timothy he charged him to guard what had

been entrusted to his care, namely the gospel and to preach it. To Titus was instruction to help provide for others. To Philemon it was to be welcoming with the benediction that "the grace of the Lord Jesus Christ be with your spirit".

Since this is my last "epistle" to you I would commend what is written above to your study, consideration and application and for you to read the last words of Paul to the churches, the people he loved so much in the gospel as Martha and I love you.

> Thank you for a wonderful year. Blessings in Christ, John

## THE CYFM CORNER







### Women's Ministry

Ladies please continue to give the Women's Ministry your prayerful

# YOUTH GROUP





Prayer, Dinner, Games,

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Bible Study, Fellowship and Lots of Fun!!

NEW TIME !! Youth Group will now be 4 – 6:30 p.m. on the assigned Sunday nights. Dinner will be prepared and served together as a group.

Sondra Creasy is the new contact for youth group and youth presbytery events.



Happy Valentine's Day! Here is a pic of some of the kids after making Valentine "cupid arrows" decorations to be donated to the Meals on Wheels program of R.O.S.S.S

-Librarian Wanted-

Our thanks go out to Connie Trenholm for serving as Librarian, here at Knox, for the past year. Connie will be stepping down immediately so we are in need of someone to take this position. The Librarian is responsible for coordinating the activities of the library ministry group, which is under the Nurture Ministry. The Terms of Reference have been documented and the last inventory was done in 2013. The Librarian can determine promotional activities and strategies for acquiring new books. If you love to grow your faith through reading and sharing with others, this can be a very rewarding ministry. If you have any questions about this ministry, please contact Darlene Price at 613 440 5150 or thefighting14@hotmail.com.

The Knox Library has books for readers of all ages. If you are looking for something new to read, check us out. If you have enjoyed a book from the library, why not write a quick review. You may encourage others to read that book because of your enthusiasm about what you have read. We would like to encourage more people to grow in their faith through reading. If you have any suggestions for acquisitions, please contact Darlene Price.

consideration. This ministry centres on meeting the spiritual needs of Christian women and helping them grow in their faith in Jesus. We continue to search for someone or some ladies to take or share the roll of Events coordinator. Ladies, consider our need and what you might do to support the ladies of Knox and the community.



#### **VOLUME 5, ISSUE I**



# THE WORD ON W&W

### Are we still filling Mite Boxes?

Yes, we are! Pick up a Mite Box from the foyer and fill it with your nickels, dimes, quarters etc. This money goes to support our Malawi project.

**Do we have new 2016 Outreach projects yet?** Two new projects will be announced at the Annual Meeting.

### Would you like to knit for aboriginal Canadians in the North?

We will be continuing to collect knitted and crocheted items to send to Warm Hands Network for distribution to Northern communities. This organization supplies children with hats, mittens, neck warmers (need is for neck warmers, but no scarves please), vests, sweaters and blankets, socks, and lapghans (for elders). Guidelines are: Wool/animal fiber preferred. However, both wool and acrylic are fine for blankets. Focus on larger sizes since babies are often 10 lbs. or more. Children tend to be husky. Baby blankets should be 35" square or larger. Try to avoid white since it shows dirt easily. Use scrap yarn to tie socks and mittens into pairs. Label items

## SPECIAL WORSHIP

with washing instructions. Labels will be available at Knox in the rack in the foyer. For more detailed information or for patterns, go to <u>www.warmhandsnetwork.org</u> or Contact Erika Herrman, coordinator for further information.

### How you can help Manotick's Food Cupboard?

Fill the blue hamper in the entrance with non-perishable food items and/or check the bulletin for a list. Lately, a couple more families have been able to 'get back on their feet' as a direct result of your loving support in the name of Christ. Thank you!

### Would you like to donate flowers for the sanctuary?

Thank you to those who donated flowers over the summer. You can donate flowers 'in memory of someone' or for a 'special occasion'. Contact Avis White.

### **Coat Assistants Needed!**

Can you help hang up coats for one Sunday between February and April? Great way to meet others! Sign up for a Sunday by signing the sign-up sheet on the main bulletin board.



### March 20 – Palm Sunday

*(Decorate Church Saturday, March 19 at 10 a.m.)* March 25 - Good Friday Service 11 a.m. March 27 - Easter Sunday with Holy Communion May 8 - Celebrating our Women June 19 - Celebrating our Men



All men are most welcome to join us upstairs at the Miller's Oven for a hearty breakfast, an inspiring talk, and good Christian fellowship.

Men, mark your calendars for our subsequent breakfast meetings. It's always the second Saturday of each month, at 8:30 am:

February 13
March 12
April 9
May 14
June 11

F & M

2016 starts with welcoming our new minister, Reverend Phil Kim. Helping to ensure he receives a warm Knox welcome, renovations to the minister's office will be accomplished including replacing the carpet and repainting the walls and ceilings. There will be changes to the furnishings and storage areas. This year's activities will encompass

both the semi-annual Yard and Bake Sale on Saturday, May 7. Spring cleanup will be held on Saturday, May 14 and the annual Dickinson Day on Saturday, June 4. Please consider how you may help with these events and sign up when the sheets are posted on the bulletin board in the narthex. Regarding the accessibility initiative, three concepts have been developed and preliminary cost estimates are being prepared. When completed, the congregation will be afforded an opportunity to consider the concepts and offer feedback.

The Finance and Maintenance Ministry is committed to more than just the finances of the congregation and the physical assets of Knox Manotick. We prayerfully encourage the commitment of your time and talents to the life and ministries of the church. The Lord needs your faithful contributions to further His kingdom here on earth. Please pray and respond accordingly.

Blessings, Larry







On behalf of Anne, Elijah and Manny, I would like to thank the congregation at Knox for being such a warm and welcoming congregation. We are the "new kids on the block" and we would like to get to know you more. Building and developing relationships is an important process in every church and everyone is invited to participate. It doesn't matter if you've been at Knox for one Sunday or a thousand Sundays. All of us can make a tremendous difference in the sense of community by building and developing relationships. So as the new minister at Knox, let me ask all of you to consider the following requests. I'd like to get to know you more:

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### 1. Come Out Regularly

This may sound simple but it's incredibly important - just keep coming out to Knox regularly on Sundays at 10 a.m. The Apostle Paul reminds us in Hebrews 10:25 to not give up on meeting together. It will be so helpful if we are all consistent in meeting together on Sundays for worship and fellowship. Getting to know each other's names and remembering names will be easier if we see each other consistently. I know what regular attendance at Knox means. It means making your participation in your community of faith a priority. Let's face it, there are a lot of things competing for your time on a Sunday morning - chores, work, sports events, sleep (you get the idea). But trust me when I say that as your pastor, there are a tonne of reasons why you will benefit more from regularly coming to the Lord's house on a Sunday morning. If you have a family, all of you will find it more beneficial to be here with us in worship and fellowship on a Sunday morning. There is a particular way that a church can feed into a family that you can only receive by consistent participation. You'll just have to come out to find out why.

### 2. Come Out of Your Shell

If I have convinced you on the value of coming out regularly, let me convince you of another thing that will greatly enhance our fellowship and our ability to develop relationships - come out of your shell. This is a particular message to all the Introverts in our church. God bless you all for the unique gifts that you bring to our church but please make sure that you are making an effort to develop relationships in our congregation. You don't have to tire yourself out by connecting with the entire congregation on a Sunday. But are there even at least a handful of people that you would like to cultivate deeper relationships? To all the Extroverts, God bless you all for your unique gifts in ministry. Connecting with people comes easily to you doesn't it? To all of you, let's all make an effort to build and develop relationships by practicing the following:

- When you arrive at Knox, greet the people around you.
- Let's all give each other permission to forget someone's name. If a name is forgotten, let's be honest to admit it and • ask for it again.
- There is a spectrum of physical displays of affection that are appropriate from handshakes to squeezing a shoulder to • warm hugs. Who knows how your hug or handshake may be the only physical contact that someone has received that week?
- When the worship service is finished and we are all gathering around for fellowship, if you see someone standing . around alone, please approach that person and offer an opportunity to connect with someone.

### 3. Be Genuine

As the new minister at Knox, I want to get to know you... the real you. And I hope that you will want to get to know me and allow me to be who I really am. Many of us have been to parties or other gatherings and it is understandable that there is an expectation for a certain shallowness in social connections and relationships. But not in our church. This is the place to be

real and genuine. To make connections with real people. We don't have to pretend to be someone we're not. We don't have to pretend that all is together when it's not. We just have to be real with God and each other. To truly share in the good times and the bad.

Rev. Kim will be starting his office hours Tuesday to Friday 9am -5pm.

Like a lot of good things in life, good, lasting relationships and friendships take time. Let's all be there for each other and enjoy being a community.

rev.philknox@gmail.com